

Policy 341.34 - Wellness Policy

Policy Statement

This policy supports the mission of the Kohler School District to provide an environment that cultivates students of distinction. Students who practice good nutrition and healthy lifestyle choices attend school with minds and bodies ready to take advantage of their learning environment on all levels. The Kohler School District Wellness Policy encourages all members of the school community to create an atmosphere that supports good nutrition and physical activity. Decisions made by the district in regard to food and beverages need to reflect and encourage positive nutrition messages and promote healthy lifestyle choices.

Rationale

Nutrition and physical activity influence a child's development, health status, well-being and potential for learning.

Scope

District wide.

Responsibility

The goals to promote good nutrition and regular physical activity are the shared responsibility of the District Administrator, all administrators, all professional staff, the Kohler School Friends Wellness Committee, the Director of Food Services, and the food service staff. Parents and the community at large also share in the responsibility of achieving these goals.