



# Waunakee Elementary & Intermediate Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Choose MyPlate.gov	<b>FEBRUARY</b> <b>HARVEST OF THE MONTH</b> 	<b>1</b> Orange Chicken LoMein Noodle Oriental Vegetable Blend	<b>2</b> Italian Stromboli Marinara Sauce Roasted Italian Vegetable	<b>3</b> Tomato Soup Grilled Cheese Peas Cucumber Ranch Salad
		<b>Alternative Entrée(s)</b> Turkey Ranch Wrap Popeye Salad	<b>Alternative Entrée(s)</b> Combo Sub Chicken Caesar Salad	<b>Alternative Entrée(s)</b> Yogurt Pak California Cobb Salad
<b>6</b> Chicken Nuggets Mashed Potato & Gravy Green Beans WG Roll	<b>7</b> Oven Roasted Hot Dog Tator Rounds Roasted Squash	<b>8</b> Soft Shell Taco Lettuce & Tomatoes Corn & Brown Rice Bake Refried Beans	<b>9</b> Breakfast Stacker Scrambled Eggs Tri Tator Warm Cinnamon Apple Slices	<b>10</b> Hearty Beef Chili Baked Potato Half Honey Glazed Corn Bread
<b>Alternative Entrée(s)</b> Chicken Caesar Wrap Turkey BLT Salad	<b>Alternative Entrée(s)</b> Pizza burger on a Bun Crispy Chicken Salad	<b>Alternative Entrée(s)</b> Turkey Sub Oriental Chicken Salad	<b>Alternative Entrée(s)</b> Italian Sub Southwest Chicken Salad	<b>Alternative Entrée(s)</b> Yogurt Pak Garden Vegetable Salad
<b>13</b> Cheeseburger On WW Lettuce and Tomato Oven Baked Crinkle Fries Baked Beans	<b>14</b> Chicken & Cheese Quesadilla Cilantro Lime Rice Fruit Cup	<b>15</b> Baked Chicken Leg Brown and Wild Rice Pilaf Carrots WG Dinner Roll	<b>16</b> Cheese Pizza Caesar Salad	<b>17</b> Lasagna Broccoli Italian Bean Salad Garlic Toast
<b>Alternative Entrée(s)</b> Chicken Salad on Wheat Bun Chef Salad	<b>Alternative Entrée(s)</b> Ham & Cheese Sub Taco Salad	<b>Alternative Entrée(s)</b> Turkey Ranch Wrap Popeye Salad	<b>Alternative Entrée(s)</b> Combo Sub Chicken Caesar Salad	<b>Alternative Entrée(s)</b> Yogurt Pak California Cobb Salad
<b>20</b> Mini Corn Dogs Macaroni & Cheese 3 Bean Salad Sliced Wheat Bread	<b>21</b> Chicken & Penne Italian Tossed Salad WG Bread Stick	<b>22</b> Hamburger Buddy Carrots WG Roll	<b>23</b> Diced Turkey & Gravy Mashed Potatoes Corn WG Roll	<b>24</b> Chicken Tenders 1/2 Baked Potato Green Beans
<b>Alternative Entrée(s)</b> Chicken Caesar Wrap Turkey BLT Salad	<b>Alternative Entrée(s)</b> Pizza burger on Bun Crispy Chicken Salad	<b>Alternative Entrée(s)</b> Turkey Sub Oriental Chicken Salad	<b>Alternative Entrée(s)</b> Italian Sub Southwest Chicken Salad	<b>Alternative Entrée(s)</b> Yogurt Pak Garden Vegetable Salad
<b>27</b> Chicken Patty on WW Bun Parmesan Pasta Broccoli	<b>28</b> Home made French Toast Sweet Potato Apple Bake Oven Roasted Breakfast Potatoes	<b>29</b> Cheese Bread with Marinara Vegetable Blend Lentil Salad	 <b>FRUIT &amp; VEGETABLE BAR</b> Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit & Vegetable Bar.	 <b>Free &amp; Reduced-meal forms can be obtained from all building offices at any time throughout the school year.</b>
<b>Alternative Entrée(s)</b> Chicken Salad on Wheat Bun Chef Salad	<b>Alternative Entrée(s)</b> Ham & Cheese Sub Taco Salad	<b>Alternative Entrée(s)</b> Turkey Ranch Wrap Popeye Salad		

- Prepared From Scratch
- Contains Pork
- Whole Grain Item
- USDA Food
- Farm to School Item
- Harvest of the Month

**NEW**

**New Menu Items for February**  
 Hearty Beef Chili  
 Stromboli is Back  
 Lasagna  
 Chicken & Cheese Quesidilla  
 Hamburger Buddy is  
 (Ground Beef, Carrots, Mushrooms,  
 onions baked with rotini noodles into a  
 casserole)

Soybeans are an important ingredient for the production of crayons. In fact, one acre of soybeans can produce 82,368 crayons.

Elevators in the Statue of Liberty use a soybean-based hydraulic fluid.

**LUNCH PRICES**

Elementary	\$2.35
Secondary	\$2.60
Reduced	\$0.40
Additional Milk	\$0.35
Adult	\$3.35

To check the balance in your account go to [www.waunakee.k12.wi.us](http://www.waunakee.k12.wi.us)  
 Food Service Office  
 608-849-2185 or 849-2327  
 Vicki Hoyer, Food Service Director

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Milk Choice of 1%, Skim and 1% Chocolate is included with Lunch

Menus are subject to change without notice.