

French Toast, Homemade, French Bread	143	19.9	7.19	Same	Same	Same	285	39.8	14.37
French Toast, Homemade, Sandwich Bread	144	20.79	7.69	Same	Same	Same	288	41.59	15.38
French Toast, Mini CC (1 pkg Eggo)	210	35	5	Same	Same	Same	Same	Same	Same
French Toast Sticks (RH E9604 - 3 each)	214	27.96	6.58	Same	Same	Same	Same	Same	Same
Granola (homemade, 1/4 cup)	121	24.3	2.65	Same	Same	Same	Same	Same	Same
Grape and Cheese Cup (1 serving)	391	18.52	22.5	Same	Same	Same	Same	Same	Same
Ham Cinn-a-wich	264	34.34	11.83	Same	Same	Same	Same	Same	Same
Ham n Egg-wich (bagel)	410	41.67	22	Same	Same	Same	Same	Same	Same
Ham n Egg-wich (WG english muffin)	350	29.67	20	Same	Same	Same	Same	Same	Same
Maple Ham Wrap (RH)	244	28.8	12.01	Same	Same	Same	Same	Same	Same
Maple Ham Wrap (USDA Ham)	238	29.46	10.69	Same	Same	Same	Same	Same	Same
Maple Ham Wrap (USDA Turkey Ham)	262	29.64	13.95	Same	Same	Same	Same	Same	Same
Nutty Quesadilla	281	33.41	10.13	Same	Same	Same	Same	Same	Same
Pancake, Mini Maple Burst (1 pkg Pillsbury)	230	41	4	Same	Same	Same	Same	Same	Same
Pancake, Mini Maple (1 pkg Eggo)	210	35	4	Same	Same	Same	Same	Same	Same
Pancake, Mini Strawberry Splash (1 pkg Pillsbury)	240	42	4	Same	Same	Same	Same	Same	Same
Pancake, USDA (2 each)	160	27.4	3.4	Same	Same	Same	Same	Same	Same
Pancake on a Stick (RH G7508 - 1 each)	170	21	9	Same	Same	Same	Same	Same	Same
Pancake, WG (RH W7410 - 4", 3 each)	210	42	5	Same	Same	Same	Same	Same	Same
Pop-Tart, Brn Sugar Cinnamon WG (1 each)	180	37	2	Same	Same	Same	Same	Same	Same
Pop-Tart, Strawberry WG (1 each)	180	37	2	Same	Same	Same	Same	Same	Same
Scruptious Coffee Cake (1/24 cut)	290	53.26	4.07	Same	Same	Same	Same	Same	Same
Strawberry Stacker (RH 60558 Pancake-2 ea)	202	31.21	4	Same	Same	Same	Same	Same	Same
Strawberry Stacker (USDA WG Pancake-2 ea)	222	32.58	3.52	Same	Same	Same	Same	Same	Same
Sausage Patty, Turkey (RH C7380 1 each)	80	1	7	Same	Same	Same	Same	Same	Same
Sunrise Stacker (2 cakes/1 saus/1oz syrup)	342	54.5	10.33	Same	Same	Same	Same	Same	Same
Tri Tater (1 each-56 gms)	110	13	1	Same	Same	Same	Same	Same	Same
Turkey Apple Biscuit	326	35.99	12.19	Same	Same	Same	Same	Same	Same
Turkey Cheese Biscuit	340	28.5	9.5	Same	Same	Same	Same	Same	Same
Turkey Sausage Biscuit	470	31	16	Same	Same	Same	Same	Same	Same
Waffle, Mini Cinnamon (1 pkg Eggo)	200	35	5	Same	Same	Same	Same	Same	Same
Waffle Sandwich	300	36	11	Same	Same	Same	Same	Same	Same
Waffle Sticks (RH L9492 3 sticks)	170	28	4	Same	Same	Same	Same	Same	Same
Yogurt Parfait w/S'berries & Granola	228	47.46	5.85	Same	Same	Same	Same	Same	Same
Yogurt Parfait w/USDA S'berries & Granola	219	45.11	5.97	Same	Same	Same	Same	Same	Same
Yogurt, Strawberry Banana (65030-1 each)	90	19	3	Same	Same	Same	Same	Same	Same
Yogurt, Raspberry (1 container)	90	19	3	Same	Same	Same	Same	Same	Same
Yogurt, Strawberry (1 container)	90	19	3	Same	Same	Same	Same	Same	Same

